

# **GRIEF**

## **SUPPORT GROUPS AND SERVICES**

*Albuquerque and Surrounding Area*

*Please be sure to call and check on services, locations and times. All are subject to change.*

### **Emergency Contacts:**

- **Agora Crisis Center** - UNM; (8 am - 12 midnight - by appointment) 277-3013  
or for immediate attention call: **1 - 800 - 273 - 8255** or  
**866 - HELP - 1 - NM** (toll free)
- **Crisis Response** - 888 - 920 - 6333
- **National Suicide Prevention Lifeline** - 1 - 800 - 273 - 8255 (24 hrs)

### **Human Service Resources:**

For information on any issue call **2-1-1** (toll free) from any phone or visit online at **[www.uwcnm.org/help](http://www.uwcnm.org/help)**

### **Children**

Support for children who have lost a loved one

*Children's Grief Center of New Mexico*

3001 Trellis Drive NW

Albuquerque, NM

323-0478

[www.childrensgrief.org](http://www.childrensgrief.org)

(For children ages preschool-25 years and their families;

Spanish speaking available)

### **Drugs/Alcohols**

Support for parents who have lost a child due to drug/alcohol use

*Support Group*

1<sup>st</sup> and 3<sup>rd</sup> Tuesday; 5:00 - 7:00 p.m.

Monte Vista Christian Church

3501 Campus Blvd (Call for information and map)

Albuquerque, NM

881-0667

## **Infancy, Miscarriage or Stillbirth**

Support for anyone who has experienced the death of a child due to pregnancy loss, still birth, neonatal, SIDS or any natural causes

*Center for Prenatal Development*

1<sup>st</sup> Thursday; 7:00 p.m.  
4010 Montgomery Blvd. NE  
Albuquerque, NM  
883-5657

## **Military**

Support for military widows and widowers; all ranks

*Associated Casualty Area Members (A.C.A.M.)*

1<sup>st</sup> Saturday; 9:30 - 11:30 a.m. (No meetings in January, July, August)

Kirtland Air Force Base Chapel  
Albuquerque, NM  
296-2193

*VA Medical Center Support Services*

Albuquerque, NM  
Chaplain (256-2735)

*Tragedy Assistance Program to Survivors (taps.org)*

## **Parents (General)**

Support for anyone who has experienced the death of a child of any age

*Compassionate Friends*

1<sup>st</sup>/3<sup>rd</sup> Thursday; 7:00 p.m.  
Sandia Presbyterian Church  
10704 Paseo del Norte NE  
Albuquerque, NM  
856-5040 or 294-1018  
(Includes siblings ages 14 years and older)

## **Pet Loss**

Support for those grieving the loss of their companion animal  
Weekly meetings - call for time and location

265-3087  
[www.petlosscounselor.com](http://www.petlosscounselor.com)

**Senior Adult**

*AARP/Albuquerque Area*  
830-3097  
[www.aarp.org/griefandloss/](http://www.aarp.org/griefandloss/)

*Department. of Senior Affairs*  
Albuquerque, NM  
764-6400

**Suicide**

Support for anyone who has lost a loved one to suicide

*Survivors of Suicide*  
2<sup>nd</sup>/last Mondays; 4:00 - 5:30 p.m.  
St. Paul Lutheran Church  
1100 Indian School Road NE  
Albuquerque, NM  
858-1240  
[www.sosabq.org](http://www.sosabq.org).

*Survivors of Suicide*  
1<sup>st</sup>/3rd Mondays, 7:00 - 8:30 p.m.  
Shepherd of the Valley  
Presbyterian Church  
1801 Montano Rd. NW  
Albuquerque, NM  
792-7461  
[www.sosabq.org](http://www.sosabq.org)

*COPEs (Coalition of Parents Enduring Suicide)*  
Support groups and public education  
[COPEsfoundation.com](http://COPEsfoundation.com)

**Teens**

Support for teens who have lost a loved one  
[www.HelloGrief.org](http://www.HelloGrief.org)

**Trauma**

*Domestic Violence Victims Assistance*  
The Albuquerque Family Advocacy Center  
2340 Alamo Avenue SE, 2<sup>nd</sup> Floor  
Albuquerque, NM  
243-2333  
[www.abqfamily.org](http://www.abqfamily.org)

*Office of the Medical Investigator (OMI)*  
Grief Services  
Dawn Woodring, LPCC  
1 UNM MSC07 4040  
Albuquerque, NM 87131  
925-6650 or 925-0567  
1 - 800 - 432-5239

**Widows/Widowers**

For anyone who has lost a spouse

*Doves*

2<sup>nd</sup>/4<sup>th</sup> Mondays; 6:30 - 8:30 p.m.

Catholic Center

4000 St. Joseph's (Coors and St. Josephs)

Albuquerque, NM

831-8117

*Doves*

1<sup>st</sup>/3<sup>rd</sup> Mondays; 7:00 p.m.

Risen Savior Community Church

7701 Wyoming NE

Albuquerque, NM

821-1571

*Widows and Widowers in Transition (Social Group)*

2<sup>nd</sup> Tuesday; 6:00 - 8:00

Risen Savior Community Church

7701 Wyoming NE

Albuquerque, NM

821-1571

**General**

Support for anyone who has lost a loved one

*Agora Crisis Center - UNM*

277-3013

(A place to discuss any concerns or issues)

*Grief Support Group*

Mondays; 5:00 p.m.

St. Thomas Aquinas Parish

1502 Sara Rd. SE (Panorama Plaza)

Rio Rancho, NM

892-1511

(Non-denominational)

*Grief Support Groups*

Jewish Family Services

5520 Wyoming Blvd.

Albuquerque, NM

Contact: Rabbi Min Kantrowitz (291-1818; x 5481)

(Non-denominational; open to public)

*Grief Support Group*  
John the 23<sup>rd</sup> Catholic Community Bereavement Ministry  
4831 Tramway Ridge Drive  
Albuquerque, NM  
293-0088  
(Non-denominational; as needed)

*Mothers Against Drunk Driving (MADD)*  
3<sup>rd</sup> Wednesday; 6:00 p.m. - 8:00 p.m. (Except December)  
1100 4<sup>th</sup> Street  
Albuquerque, NM  
255-2955; Ext. 101

St. Thomas Aquinas Parish  
Mondays; 5:00 p.m.  
1502 Sara Rd SE  
Rio Rancho, NM  
892-1511  
(Non-denominational)

**Faith-Based**

Hoffmantown Church  
8888 Harper Road  
Albuquerque, NM  
858-8641 or 828-2600  
hosts

*Grief Share* (Men and Women - Registration required))  
Wednesdays; 6:15 - 8:15 p.m.

*Grief Share* (Women only - Registration required)  
Saturdays; 9:00 - 11:00 p.m.

and

*Griefshare.org* (See for additional times and locations)

*Grief Support Group*  
Sagebrush Community Church  
6440 Coors Blvd. NW  
Albuquerque, NM  
890-0993 or 896-9715

**Contact your personal Hospice or  
Church Community**